

<<365个浪漫之夜>>

图书基本信息

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内容概要

"I've learned never to let momentary fear stand in my way. There are no excuses. I've learned that power is sexy. So is confidence in yourself."

-- Patrika Darbo

Patrika Darbo, the popular star of *Days of Our Lives* — dubbed the "full-figured bitch goddess" of daytime television by TV Guide — breaks the size barrier and shatters the stereotype that heavy people are doomed to lead unhappy lives. Telling the honest, inspiring story of her life, she shows that, no matter who you are or what size you're not, you can be beautiful, confident, and sexy. "In a world of underfed actresses, Patrika Darbo does a great service to women of every size."

The popular full-figured star of "*Days of Our Lives*" breaks the size barrier and offers advice and inspiration for all women on gaining confidence, a winning attitude, and a positive approach to life.

About the Author

Patrika Darbo plays Nancy Wesley on *Days of Our Lives*, and she portrayed Roseanne Barr in the TV movie *Roseanne and Tom: Behind the Scenes*. She has appeared on the television shows *Seinfeld*, *Roseanne*, *Sisters*, and *Grace Under Fire*, and in the films *Midnight in the Garden of Good and Evil*, *In the Line of Fire*, *Corrina Corrina*, and *Babe*. She lives in Southern California.

Height (cm) 173

Width (cm) 11

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