#### 图书基本信息

书名: <<NURTURE SHOCK 让人震撼的育儿术>>

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#### 内容概要

In a world of modern, involved, caring parents, why are so many kids aggressive and cruel? Where is intelligence hidden in the brain, and why does that matter? Why do cross-racial friendships decrease in schools that are more integrated? If 98% of kids think lying is morally wrong, then why do 98% of kids lie? What's the single most important thing that helps infants learn language? NurtureShock is a groundbreaking collaboration between award-winning science journalists Po Bronson and Ashley Merryman. They argue that when it comes to children, we've mistaken good intentions for good ideas. With impeccable storytelling and razor-sharp analysis, they demonstrate that many of modern society's strategies for nurturing children are in fact backfiring--because key twists in the science have been overlooked. Nothing like a parenting manual, the authors' work is an insightful exploration of themes and issues that transcend children's (and adults') lives. 作者简介: Po Bronson and Ashley Merryman's New York Magazine articles on the science of children won the magazine journalism award from the American Association for the Advancement of Science, as well as the Clarion Award from the Association for Women in Communications. Their articles for Time Magazine won the award for outstanding journalism from the Council on Contemporary Families. Bronson has authored five books, including the #1 New York Times bestseller What Should I Do With My Life?

#### 作者简介

Po Bronson and Ashley Merryman's New York Magazine articles on the science of children won the magazine journalism award from the American Association for the Advancement of Science, as well as the Clarion Award from the Association for Women in Communications. Their articles for Time Magazine won the award for outstanding journalism from the Council on Contemporary Families. Bronson has authored five books, including the #1 New York Times bestseller What Should I Do With My Life?

#### 书籍目录

PrefaceIntroduction1.THE INVERSE POWER OF PRAISE2.THE LOST HOUR3.WHY WHITE PARENTS DONT TALK ABOUT RACE4.WHY KIDS LIE5.THE SEARCH FOR INTELLIGENT LIFE IN KINDERGARTEN6.THE SIBLING EFFECT7.THE SCIENCE OF TEEN REBELLION8.CAN SELF-CONTROL BE TAUGHT?9.PLAYS WELL WITH OTHERS10.WHY HANNAH TALKS AND ALYSSA DOESNTCONCLUSIONAcknowledgmentsNotesSelected Sources and ReferencesAbout the AuthorsIndex

#### 媒体关注与评论

"Bronson's genial voice and enthusiasm work well as he narrates his and Merryman's paradigm-shifting text on parenting. In general, Bronson's energy will pull in listeners; he's at his best when discussing the theory and science behind it. His tone and emphasis help guide listeners through sometimes-complex subjects and terms." (AudioFile )

#### 编辑推荐

"NURTURESHOCK is one of the most important books you will read this year. Bronson and Merryman move parenting out of the realm of folklore and into the realm of science -- and reveal what decades of studies teach us about the complexities of raising, happy, healthy, self-motivated kids. As a writer, I was impressed by the prodigious research and keen analysis. As a father, I was consumed with taking notes and exhilarated by all I learned." (Daniel H. Pink, author of A WHOLE NEW MIND )^"A provocative collection of essays popularizing recent research that challenges conventional wisdom about raising children...[Bronson and Merryman] ably explore a range of subjects of interest to parents... Their findings are often surprising. For example, in schools with greater racial diversity, the odds that a child will have a friend of a different race decrease; listening to "baby DVDs" does not increase an infant's rate of word acquisition; children with inconsistent and permissive fathers are nearly as aggressive in school as children of distant and disengaged fathers. Bronson and Merryman call attention to what they see as two basic errors in thinking about children. The first is the fallacy of similar effect-the assumption that what is true for adults is also true for children. The second-the fallacy of the good/bad dichotomy-is the assumption that a trait or factor is either good or bad, when in fact it may be both (e.g., skill at lying may be a sign of intelligence, and empathy may become a tool of aggression.) The authors also provide helpful notes for each chapter and an extensive bibliography. A skilled, accessible presentation of scientific research in layman's language." (Kirkus)

### 名人推荐

The central premise of this book by Bronson (What Should I Do with My Life?) and Merryman, a Washington Post journalist, is that many of modern society's most popular strategies for raising children are in fact backfiring because key points in the science of child development and behavior have been overlooked. Two errant assumptions are responsible for current distorted child-rearing habits, dysfunctional school programs and wrongheaded social policies: first, things work in children the same way they work in adults and, second, positive traits necessarily oppose and ward off negative behavior. These myths, and others, are addressed in 10 provocative chapters that cover such issues as the inverse power of praise (effort counts more than results); why insufficient sleep adversely affects kids' capacity to learn; why white parents don't talk about race; why kids lie; that evaluation methods for giftedness and accompanying programs don't work; why siblings really fight (to get closer). Grownups who trust in old-fashioned common-sense child-rearing— the definitely un-PC variety, with no negotiation or parent-child equality— will have less patience for this book than those who fear they lack innate parenting instincts. The chatty reportage and plentiful anecdotes belie the thorough research backing up numerous cited case studies, experts' findings and examination of successful progressive programs at work in schools. (Sept.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

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