

<<孩子如何更健康 How Chil>>

图书基本信息

书名：<<孩子如何更健康 How Children Learn to be Healthy>>

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内容概要

The goal of this book is to explore the ways in which children learn to be healthy. The book examines children's understanding of health, from early childhood through adolescence, and how it affects their health behavior and actual physical health. The ways in which parents, other children, schools, media, and children's home and neighborhood influence children's health attitudes and behavior, and actual physical health are also scrutinized.

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书籍目录

AcknowledgmentsIntroduction1.Mechanisms and Consequences of Socializing Children to Be
Healthy2.Children's Health Understanding and Behavior3.Parents'Health Beliefs4.Parents'Promotion of Their
Children's Health5.Parents'Promotion of Their Children's Sexual Health6.Peers,Schools,and Children's
Health7.How Television Viewing and Other Media Use Affect Children's Health8.The Social Ecology of
Children's Health Socialization9.Summary and ConclusionsReferencesIndex

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