

<<简单易学做色拉/Simple but >>

图书基本信息

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作者 : Le Blanc, Beverly/ Beer, Gunter (PHT)

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内容概要

Simple but Perfect Salads helps take the stress out of healthy menu planning. This exciting collection of international recipes includes plenty of ideas for well balanced salads that are a meal in themselves as well as appetizers, side dishes and desserts. Take a look inside and you'll find a recipe for any occasion.

书籍目录

introductionsunshine-a collection of vegetable saladshearty=a collection of meat & poultry saladssparkling-a collection of fish & seafood saladshealth-boosting-a collection of energizing salads index

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