

## <<意大利开胃凉菜 Antipasti>>

### 图书基本信息

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### 内容概要

FOR THE ITALIANS , ANTIPASTI ARE ABOUT CONVIVIALITY—DISCUSSING LIFE OVER A PLATE OR TWO OF SIMPLE BUT APPETIZING FOOD , AND SHARING IT WITH FRIENDS. ANTIPASTI MAY BE NO MORE THAN TASTY FINGER FOOD TO GO WITH A GLASS OF WINE , OR THEY CAN BE LARGER DISHES THAT MAKE UP AN ENTIRE MEAL.

THE RECIPES LEND THEMSELVES TO INFORMAL GET , TOGETHERS AND ARE IDEAL FOR FEEDING A CROWD.

MANY OF THE DISHES CAN BE PUT TOGETHER IN MINUTES : OTHERS CAN BE PREPARED WELL IN ADVANCE , USUALLY FROM INGREDIENTS THAT YOU ARE LIKELY TO HAVE IN THE FRIDGE OR STORE CUPBOARD.

YOU CAN SPEND MORE TIME WITH YOUR GUESTS AND LESS IN THE KITCHEN—A PERFECT WAY OF EATING FOR PEOPLE'WITH BUSY LIFESTYLES.

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