

图书基本信息

书名：<<WEST AFRICA (非洲西部) >>

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内容概要

Salt caravans in the Sahara, imposing forts on the Ghanaian coast, urban buzz in Lagos, the steamy lushness of Casamance- West Africa's attractions are as diverse as they are intriguing. Whether you want to set out for Timbuktu, laze on a sandy beach or overland it from desert to jungle, Lonely Planet shows you the what, where and how. **MOVE TO THE GROOVE**- our expert music chapter tell who's who, where it's happening and what's hot **BE INSPIRED**- highlights, itineraries and planning sections help you plot your path **GET THE BACKGROUND** with in-depth discussion of West Africa's history, manifold cultures and distinctive arts and crafts **TALK THE TALK**- our language chapter will have you greeting locals in 25 regional languages **GO YOUR OWN WAY** with detailed transport information and 150 user-friendly maps

书籍目录

The Authors Getting Started Itineraries Snapshot History The Culture The Music of West Africa Arts & Craftwork Peoples of West Africa Environmetn Benin Burkina Faso Cameroon Cape Verde Cote d'Ivoire The Gambia Ghana Guinea Guinea-Bissau Liberia Mali Mauritania Niger Nigeria Senegal Sierra Leone Togo West Africa Directory Transport in West Africa Health Health Language Glossary Behind the Scenes Index World Time Zones Map Legend

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