<<The \$1 Million Reaso>>

图书基本信息

书名: <<The \$1 Million Reason to Change Your Mind 改变观念即可改变生活>>

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内容概要

Motivational speaker and author Pat Mesiti states in his new book that being rich is a state of mind. To get there, you have to take five steps: You need to become aware of how you think and why you think the way you think. Once you 've developed this awareness about your thinking, you are in a position to change how you think. If you change your thinking, it will change how you feel. If you change your feelings, it will change how you act. If you change your actions, it will transform your level of prosperity. The book 's simple message is illustrated via the author's personal examples of how he's helped people around the world change their mindsets and subsequently turned their lives around. Packed with inspirational quotes and stories, and written in a friendly and humorous tone, this book will appeal to people across many walks of life.

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书籍目录

ForewordAbout the authorIntroducationCapter1 Do you have a mind virus? Capter2 Changing direction to head for prosperity. Capter3 Your thoughts become your actions. Capter4 Developing a millionaire mindset. Capter5 Climbing those walls in your mind. Capter6 Developing a healthy view of yourself. Capter7 The ten key characteristics of a millionaire mindset. Capter8 Fixing your attitude to money. Capter9 Make failure a teacher. Capter10 Know what you want and how to get it. Capter11 Pay attentionCapter12 Growth happens by choice, not by chance. Capter13 How to make good decisions. Capter14 Get some help! Capter15 Aim for the stars. Capter16 Fuel your dream with passion. Capter17 Fuel your passion with a reason.Conclusion

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