

## <<地中海烹饪>>

### 图书基本信息

书名：<<地中海烹饪>>

13位ISBN编号：9783833123276

10位ISBN编号：3833123273

出版时间：2005-12

出版时间：John Wiley & Sons

作者：本社 编

页数：191

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

## <<地中海烹饪>>

### 内容概要

Simple yet elegant, Greek cuisine has preserved for centuries the Mediterranean specialties that are so delicious. Tender lamb, an abundance of vegetarian dishes made from vegetables grown in the sun, and, of course, fish and seafood of every kind - tasty and healthy regional specialties such as these, made with the best quality olive oil, are guaranteed to be a success with your family and friends. How about filled zucchini flowers, octopus with pasta, Chios rabbit with wild vegetables, or the sweet and seductive Mbourekakia pasties? In this book, 11 master chefs present authentic recipes from their homeland and let the reader into the secrets of Greek cuisine, providing ample expert knowledge and entertaining details along the way. Step by step, they explain how amateur chefs can recreate their exquisite dishes at home, capturing that special Mediterranean flair. Let yourself be led on a remarkable culinary journey, and rediscover the delights of Greek cuisine!

## <<地中海烹饪>>

### 书籍目录

Difficulty: Easy Medium Difficult Hot & Cold Appetizers Smoked Eggplant with a Trio of" Bell Pepper Coulis  
 Feta Saganaki Filled Zucchini Flowers Broiled Vegetables Konstantinos Style Greek-style Mezze Mezze of Fried  
 Vegetables with Yogurt Sauce Baked Florina Peppers Icaria Octopus Cooked the Karoubas Way Prasopita  
 Kozanis Greek Salad Green Salad with Mussels and Marinated Anchovies Mytilene Sfougato Spetzofai from  
 Volos Canea Lamb PieSoups Kakavia Kreatosoupa Ntomatosoupa Potage of Lamb with Avgolemono Sauce  
 Chicken Soup with Avgolemono Navy Bean Soup with Boukovo Garbanzo Bean Soup with Delbia Mani-style  
 Fish Soup Mount Athos Fish Soup Yalitiki Soup TrachanosoupaVegetable Dishes Eggplant with Fava Purde  
 Chortomageria Stuffed Zucchini with Avgolemono Sauce Trachanas, Onion, and Mint Pie made with Phyllo  
 Pastry Okra in Olive Oil Didymo Kayanas Chiropoiita Macaroni with Tomato Sauce Leeks with Yannina Prunes  
 Stuffed Tomatoes and Peppers from SamosFish & SeafoodMeat & PoultryDesserts & Pastries

## <<地中海烹饪>>

### 版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>