

<<中医学概论>>

图书基本信息

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内容概要

本书由中国中医科学院的多名专家学者共同编写，旨在为国外中医药院校提供一部简明易学的中医学入门教材。

内容包括绪论、阴阳五行、藏象、精气血津液、经络、病因、病机等几部分。

重点突出，简明扼要。

本书可作为国外中医初学者的入门读物，也可供从事中医药宣传、普及及教育等人员参考。

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5. Yinqiao Mai and Yangqiao Mai (Yin Heel and Yang Heel Vessel) The Yinqiao mai originates from the heel and ascends along the anterior of the body. It ascends first to the medial alveolus. It then travels straight up along the back of the medial side of the leg to the external genitalia. Traveling along the surface of abdomen , it ascends into the supraclavicular fosse. It ascends adjacent to the Adam's apple , ending in the inner cantus , where it communicates with the Yangqiao mai. The Yangqiao mai originates at the heel and travels upward along the back of the body. It ascends along the external alveolus and up the lateral side of the leg. It passes through the waist to travel along the back of the ribcage. It ascends to the shoulder and the supraclavicular fosse , then travels up the neck to the corner of the mouth. At the inner cantus it communicates with the Yinqiao mai. It continues upward to the forehead , following the Urinary bladder meridian of foot-toying. It terminates at the nape of the neck , where it meets the Gallbladder meridian of foot-shaoyang. They govern the movement of the lower extremities. Both meridians nourish the eyes , control their opening and closing. There is an old saying that "Yinqiao and Yangqiao are in charge of Yin and Yang of either side of the body respectively."

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