

<<中医学导论>>

图书基本信息

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内容概要

本书以百题问答的形式，深入浅出地介绍了中医基础理论、诊断、治疗、养生等方面的知识。内容涉及中医学的阴阳五行、脏腑经络、病因病机、诊法辨证、中药剂型、方剂配伍等中医基础、诊疗等方面理论以及针灸、按摩、拔罐、食疗等养生保健方法。内容丰富、通俗易懂、方便实用。

本书可作为国内外中医初学者的入门读物，也可供从事中医药宣传、普及及教育等人员参考。

本书由Give2Asia项目资助出版。

书籍目录

1. What is traditional Chinese medicine(TCM)?
2. What are the main features of TCM?
3. What does the holistic concept and determining treatment according to "differentiation of syndromes" mean?
4. What are the advancements of TCM in theory and practice?
5. What books symbolized the formation of the TCM theory?
6. What are the health conceptions in TCM?
7. How do TCM understand the human body?
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9. What are the main physiological functions of Zang-fu organs?
10. What are the physiological functions of the six fu organs?
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12. What is the meridian and collateral (Jing Luo) .9
13. What are the twelve meridians? What are the characteristics of their distributions?
14. What is the concept of Yin-Yang? How to explain the physiological functions of the human body with the theory of Yin-Yang?
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17. How does Chinese medicine understand the cause of disease?
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20. What are the five endogenous pathogens?
21. What are the seven emotional factors?
22. What are the characteristics and pathogenesis of emotional factors?
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24. How to understand overstrain and excess rest?
25. What is the pathogenesis of the dysfunction of Qi ,blood and body fluid?
26. What is the pathogenesis of the dysfunction of Qi ,blood and body fluid?
27. How to understand "homogeneity of fluid and blood"? :
28. How to understand the idea of "while Zheng Qi remains in the body,the pathogenic factors cannot disturb its functions"?
29. What are the characteristics of pathogenesis by the imbalance

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of Yin and Yang?

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35. What is it meant by the observation, auscultation and olfaction, inquiry, and palpitation and percussion? What is the characteristic of the diagnostic methods of traditional Chinese medicine?

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96. What does it mean to treat wintertime diseases in the summer? What are the indications?
97. What is the reason for nourish Yang in spring and summer and Yin in autumn and winter?
98. How to classify and treat cough by yourself?
99. How to apply soft extract in life cultivation and treatment?
100. How to build up a customized TCM life cultivation mode?

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《中医学导论（英文版）》内容丰富、通俗易懂、方便实用，书中以百题问答的形式，内容涉及中医学的阴阳五行、脏腑经络、病因病机、诊法辨证、中药剂型、方剂配伍等，深入浅出地介绍了中医基础理论、诊断、治疗、养生等方面的知识。

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