

<<心理学与生活>>

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## <<心理学与生活>>

### 内容概要

心理学与生活（第18版）（英文版）从生活中的心理学入手，介绍心理学是什么，通过强有力的科学研究方法澄清了人们对心理学的一些误解，概括地介绍了心理学中的研究方法、心理学所关注的主题，详细介绍了它如何与生活密切联系，将理论与实践结合起来，指导你如何在生活中运用批判性思维。

第18版还纳入了文化因素，增强了本书的普适性，内容也更加丰富多彩。

心理学与生活（第18版）（英文版）可作为大学本科生普通心理学课程的适用教材，也是普通大众了解心理学、更好地理解生活的首选读物。

对于准备出国或者是准备在国内攻读心理学硕士学位的学生而言，心理学与生活（第18版）（英文版）将成为他们的重要参考书。

作者简介

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