

<<中华气功点穴疗法精粹>>

图书基本信息

书名：<<中华气功点穴疗法精粹>>

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作者：黄孝宽 编

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内容概要

《中华气功点穴疗法精粹(英文)》内容简介：Qigong acupressure therapy is an important branch of traditional Chinese medicine which specializes in using breathing and movement exercises to cultivate health and treat diseases. It contains the accumulated knowledge and clinical experience of many dynasties. The therapeutic techniques of qigong acupressure therapy are simple and easy to learn and practise and do not rely on drugs or medical equipment and does not produce side effects. Qigong acupressure therapy can be used to treat many common diseases: hypertension, coronary heart disease, peptic ulcer, diabetes mellitus, neurasthenia, pulmonary fibrosis and neck, shoulder, lower back and leg pains. It also has produced some exciting results with difficult and complicated diseases such as hemiplegia, paraplegia and cancers.

The author of the book began to learn and regularly perform Shaolin internal qigong from his young age; and stemmed from his good spirit to study and work hard and adeptly, he already obtained rich knowledge and experience from clinical practice of qigong acupressure therapy. This book sums up his many years of clinical experience and scientific research, and is an excellent reference manual for healing professionals and amateurs.

<<中华气功点穴疗法精粹>>

书籍目录

Foreword

Chapter 1

Qigong Acupressure Therapy Basics

What Is Qigong Acupressure Therapy

Scope and Effects of Qigong Acupressure Therapy

Characteristics of Qigong Acupressure Therapy

Therapeutic Mechanism of Qigong Acupressure Therapy

Healing Applications and Contraindications of Qigong Acupressure

Therapy

Times and Courses of Qigong Acupressure Therapy

How to Learn and Practise Qigong Acupressure Therapy

Cautions and Comments

Chapter 2

Qigong Acupressure Therapy Exercises

Preliminary Exercise

Shaolin Post-Standing

Robust Man Squatting and Standing-Up

Patting the Dantian

Strengthening the Loins and Tonifying the Kidneys

Slapping with Cinnabar Palm

Taiji Ball

Erlang Immortal Carrying Mount Taishan

Pushing-Up with Dragon's Claws

Palm-Pushing with Potential Strength

Boy Worshipping the Buddha

Closing Posture

Chapter 3

Supplemental Qigong Acupressure Therapy Exercises

Weight Control and Calisthenics

Eight Pieces of Brocade Exercise

Eye Healing Techniques

Chapter 4

Basic Qigong Acupressure Therapy Techniques

Pressing

Vibrating

Knocking

Patting

Grasping

Kneading

Push-Rubbing

Rolling

Chapter 5

Location and Healing Applications of Common Acupoints and Clinical

Formulae

Concept of Meridians and Acupoints

<<中华气功点穴疗法精粹>>

Courses and AcuPoints of the 14 Meridians

Common Acupoints for Qigong Acupressure

Acupoint Formulae for Qigong Acupressure Therapy

Chapter 6

Clinical Practice of Qigong Acupressure Therapy

Essentials of Qigong Acupressure Therapy

Therapeutic Methods for Different Syndromes

Qigong Acupressure Therapy on Different Parts of the Body

Qigong Acupressure Therapy on the Head

Qigong Acupressure Therapy on the Neck

Qigong Acupressure Therapy on the Chest and Abdomen

Qigong Acupressure Therapy on the Back and Lumbar Regions

Qigong Acupressure Therapy on the Four Limb Joints

Qigong Acupressure Therapy for Common Diseases

Headaches

Vertigo

Fainting

Asthma

Insomnia

Vomiting

Hiccups

Toothaches

Myopia

Stiff Necks

Periarthritis of the Shoulder

Cervical Spondylopathy

Chest and Rib Pain

Stomachaches

Abdominal Pain

Constipation

Heat Stroke

Dysmenorrhea

Paralysis

Emission

Impotence

Mastitis

Intestinal Obstructions

Diabetes Mellitus

Lumbago

Rheumatoid Arthritis

Calf Muscle Spasms

Rheumatic Arthritis of the Knee Joint

Ankle Injuries

Arm Sprains and Contusions

Lower Limb Sprains and Contusions

Postencephalitis

Cerebral Palsy

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Hemiplegia

Traumatic Paraplegia

Bed-Wetting (Enuresis)

Infantile Indigestion

Myogenic Torticollis in Children

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