

<<肌肉、骨骼与皮肤>>

图书基本信息

书名：<<肌肉、骨骼与皮肤>>

13位ISBN编号：9787506265119

10位ISBN编号：7506265117

出版时间：2003-9

出版时间：上海世界图书出版公司

作者：second edition

页数：271

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内容概要

这个最新版本增加了许多有关皮肤系统的新内容。

本书首先引领你学习肌肉、骨骼与皮肤的基础知识。

每章都采用了整合形式，即将解剖学、胚胎学、组织学、生理学与药理学加以综合。

然后概述了肌肉、骨骼与皮肤的基本病理学，并列举一些主要疾病及其主诉。

第二部分则通过对现有肌肉、骨骼与皮肤主诉患者的临床分析，将基础知识与临床应用加以整合，包括肌肉、骨骼与皮肤最常见的主诉，如何采集病史、体检、与患者的沟通技巧及进一步的诊断方案。

由选择题、简答题和问题题组成的第三部分则能让你在学完本课程以后评估你取得的进步和你的水平

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Hypopigmentation Vitiligo Aetiology This is a common acquired idiopathic disorder that leads to patchy, scaled macules (Plate 21). There is an association with pernicious anaemia, thyroid disease and Addison's disease, with about 30% of patients having a positive family history. The onset is usually between 10 and 30 years of age; the male:female ratio is 1:1, and it affects around 0.5% of the population. **Clinical features** Vitiligo may be precipitated by trauma or sunburn. The well-defined white macules are usually symmetrical, and frequently affect the hands, wrists, knees, neck and areas surrounding orifices. **Complications** As melanocytes are absent from lesions, care must be taken when skin is exposed to the sun. **Management** Camouflage cosmetics often prove unsatisfactory. Sunscreen helps to reduce the contrast between tanned skin and patches of vitiligo and, in darker skin, topical steroids may induce repigmentation. When vitiligo is nearly universal and very noticeable, induced depigmentation of remaining normal skin can be caused by 20% hydroquinone ointment. **Albinism** Albinism is an autosomal recessive disorder, which has a prevalence of 1 in 20 000. In this condition, melanocytes fail to synthesize melanin, leading to a lack of pigment in the skin. As well as the skin being pale, the hair is also white and the eye lacks pigmentation. Patients suffer from photophobia, nystagmus and poor sight. As the body has no protection against ultraviolet rays, the sun should be strictly avoided as the risk of squamous cell carcinoma is greatly increased. **Phenylketonuria** This is an autosomal recessive metabolic defect. The enzyme that converts phenylalanine into tyrosine is missing, which leads to the accumulation of metabolites in the brain. If left untreated, mental retardation and choreoathetosis occur. The hair and skin are fair because melanin synthesis is impaired. In addition, atopic eczema is common. Treatment is through a diet low in phenylalanine.

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