

图书基本信息

书名：<<高一年级下-短文改错与书面表达周周练>>

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## 内容概要

**名师主笔专家审稿** 本套丛书由各省市国家级示范中学和省级示范中学的特高级教师、优秀骨干教师联合编写，由中外教育专家审定把关。

**循序渐进水到渠成** 内容按周次设计。

周一至周四每天安排两篇短文改错和一篇写作练习；写作练习从周一到周四依次为“经典范文背诵”“习作评改”“写作基础练习”“命题作文”。

周五为“任务型写作”，周末为“高分加油站”（包括“技巧点拨”和“词句背记”）。

写作训练按照“正面引导 - 标本评注 - 基础准备 - 综合训练 - 新题型突破 - 规律技巧总结”的认知顺序安排。

**选材新颖命题科学** “短文改错”所选短文针对性强，题材广泛。

“命题作文”“任务型写作”命题情景真实，形式多样，与高考真题思路契合。

**强力助记名师指导** 针对经典范文，由名师设计高效实用的背记提纲；针对命题作文。

由名师提供写作高分必读技巧指导，手把手地教学生写出高分作文。

## 章节摘录

The world is getting bigger——not the planet itself , but many of the people in it. In developed parts of the world , from Australia to Europe to the United States , people weigh more than ever before. Even children are joining the ranks of the obese in record numbers and scientists are worried about it. Many people are a little bit overweight , but obesity is much more serious than that. Studies show that weighing too much as an adult can lead to a variety of medical problems including heart disease , high blood pressure and other diseases. Treating all these health problems is getting more expensive. Between 1997 and 1999 , obesity-related hospital costs for kids averaged \$127 million a year , up from \$35 million a year between 1979 and 1981. If it continues at the present speed , an American official said , today's obese kids will cost the country about \$11 billion in the future.

There are other costs , too. People who are overweight often face a world that is unkind to them. Low spirit and low self-respect are common among obese people. The progress toward fat can be hard to break. Obese parents are likely to have obese children. And obese kids are likely to become obese adults. So , how do you know if you're in danger of becoming obese ?

Weighing yourself won't necessarily give you an answer. Some people are naturally heavier than others , and that's okay. Also , an over-weight athlete is actually healthier than a thin couch potato. Muscle weighs more than fat.

To find out whether you should be concerned , it's best to talk to doctors. They can tell you more about how your weight should be compared to the weight of others in your age group.

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