

<<足部反射区按摩图解>>

图书基本信息

书名：<<足部反射区按摩图解>>

13位ISBN编号：9787532399512

10位ISBN编号：7532399516

出版时间：2009-10

出版时间：上海科技

作者：王亚渭

页数：136

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

<<足部反射区按摩图解>>

内容概要

This book is one of the volumes of series of Fast Track to Traditional Chinese Medicine. The book contains four chapters which expounds the foot reflex zone massage in terms of the origin , development , conception , function , its relations with other therapies , rudimentary essentials , and medical principles. It also elaborates the location and the operation of foot reflex zones , along with 161 colored photographs. In addition , the book introduces the clinical application of the integral massage of both feet. The whole book features text with pictures , easy-to-read style , and English layout , which is suitable for domestic and overseas foot reflex zone massage doctors and enthusiasts to learn and consult.

<<足部反射区按摩图解>>

书籍目录

Chapter I IntroductionSection I The Origin and Development of Foot Reflex Zone MassagSection 2 Foot Reflex Zone Massage: Conception, Functions and its Relations with Other TherapiesSection 3 The Rudimentary Essentials of Foot Reflex Zone MassageChapter 2 The Medical Principles of Foot Reflex Zone MassageSection 1 The Theory of Balance between Yin and Yang Section 2 The Doctrine of Nervous Reflex Section 3 The Principle of Blood CirculationSection 4 The Theory of Meridians and CollateralsSection 5 The Doctrine of Biological HologramSection 6 Psychological Effect Chapter 3 Location and Operation of Foot Reflex ZonesSection I Foot Reflex Zones: Rough Location, Correspondin relations and Manipulations of Massage Section 2 Foot Reflex Zones: Specific Location, Performanc and IndicationsChapter 4 Integral Massage of Two FeetSection 1 Basic Reflex Zones Section 2 Direct Reflex ZonesSection 3 Correlated Reflex ZonesSection 4 The Principles of Allocation and Combination of Reflex Zones

<<足部反射区按摩图解>>

章节摘录

插图：Section 4 The Theory of Meridians and Collaterals The theory of meridians and collaterals is one of the basic theories of traditional Chinese medicine. Meridians and collaterals exist objectively but cannot be seen by naked eyes. They are pathways that link the upper limbs with the lower limbs, the upper part of the body with the lower part of the body, and connect the interior with exterior of viscera. There are 38 acupoints on foot, which are generally consistent with foot reflex zones. For instance, Yongquan (KI 1) is the starting point of kidney meridian. Its position is consistent with reflex zones that correspond to kidney and adrenal gland; Xiaxi (GB 43) is to treat migraine and tinnitus. In foot reflex zones, it happens to be situated in the reflex zone corresponding to balancing organ. Taixi (KI 3) and Zhaohai (KI 6) are nearly located in the reflex zones to uterus and urethra respectively, and have similar functions to them. Foot reflex massage also talks about "arrival of qi", which is the same as the "arrival of qi" in acupuncture. Although the methods are different, the effects are the same. Therefore, foot reflex massage also performs functions through the pathways, meridians and collaterals, so as to dredge meridians and collaterals, regulate viscera, and balance yin and yang.

<<足部反射区按摩图解>>

编辑推荐

《足部反射区按摩图解(英文版)》：一目了然学中医。

<<足部反射区按摩图解>>

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>