

<<刮痧图解>>

图书基本信息

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内容概要

Based on the holistic view of traditional Chinese medicine, Guasha therapy can be used in a full range of treatments to promote the body's self-healing ability. It is regarded as a convenient and reliable therapy since it is safe, effective, and easy to operate. In addition, it does not cause any adverse reactions or side effects.

This book consists of three parts. Part A contains the essential theory of Guasha, including a brief introduction, an overview of commonly used tools, basic procedures, body parts and points, operational methods, and indications as well as precautions. Part B contains the practical applications of Guasha therapy in the treatment of common conditions and in health care in general. Finally the attached chapter provides a collection of typical case studies illustrating the use of Guasha therapy. With rich contents and straightforward descriptions, this book can serve as a sound reference book for clinicians, medical students and overseas students as well as those who are interested in self care and treatment.

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