

<<刮痧图解>>

图书基本信息

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作者：郑美凤//何芙蓉

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译者：何芙蓉

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内容概要

Based on the holistic view of traditional Chinese medicine , Guasha therapy can be used in a full range of treatments to promote the body's self-healing ability. It is regarded as a convenient and reliable therapy since it is safe , effective , and easy to operate. In addition , it does not cause any adverse reactions or side effects.

This book consists of three parts. Part A contains the essential theory of Guasha , including a brief introduction , an overview of commonly used tools , basic procedures , body parts and points , operational methods , and indications as well as precautions. Part B contains the practical applications of Guasha therapy in the treatment of common conditions and in health care in general. Finally the attached chapter provides a collection of typical case studies illustrating the use of Guasha therapy. With rich contents and straightforward descriptions , this book can serve as a sound reference book for clinicians , medical students and overseas students as well as those who are interested in self care and treatment.

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