

<<满分训练 阅读理解 七年级>>

图书基本信息

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### 内容概要

《蓝莓英语·满分训练：阅读理解150篇（7年级）》主要内容包括：第一部分满分测评，第二部分满分攻略，第三部分满分训练，第四部分满分实战，第五部分满分解析。

《蓝莓英语·满分训练：阅读理解150篇（7年级）》为考生提供英语满分解决方案，兴趣是最好的老师，要把英语阅读当做一种享受。

## 作者简介

胡晓凤，湖南省长沙市一中英语高级教师，长沙市优秀外语教师，高三研讨会主讲教师，湖南省中小学教师继续教育课程资源建设专家，湖南有线电视家教平台英语学科特聘主讲教师。

长期致力于高中英语教学，教学教研成果显著。

连续五年担任长沙市一中高三英语教师，2008年所带班学生有8人被清华、北大录取，4人被美国各著名院校录取，29人上600分，本科上线率100%。

2010年，所带理科班12人上清华、北大录取线；2011年，所带文科班学生获湖南省“文科状元”。

曾撰写、发表论文、著作20余篇（部），多篇论文获省、市级一等奖，其中，论文《搭建宽广的科技平台锤炼搏击长空的双翅——记长沙市一中学生科技创新活动》在亚太地区第三届青年科技节上被中外专家鉴定为科技节论文评比二等奖。

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书籍目录

- 第一部分 满分测评
- 第二部分 满分攻略
- 第三部分 满分训练
- 第四部分 满分实战
- 第五部分 满分解析 (见分册)

## 章节摘录

版权页：插图： Climbing is a very healthy sport. It can make people strong and healthy. My friend is very fat and she is very afraid of it. Then a friend told her climbing can help her. So she often goes climbing every Saturday. And now she is very slim (苗条) and healthy. She still keeps climbing mountains now. If you want to go climbing, you'll have a lot of things to do. First, you should wear a pair of comfortable sports shoes. Then, you should be in a good rest before you climb a mountain. Last, it's better to have a partner with you, so you can help each other. The first Mount Tai climbing festival was held in September 2008. I went to Mount Tai with my classmate. It's really an unforgettable experience. Because it's my first time to climb a great mountain. I felt so tired that I can't move. So I have to stay at home for three days to have a good rest. But I also felt very exciting. But my friend told me if I often climbed a mountain, I won't feel tired. Come on, friends, let's go climbing at weekend.

1. What's the writer's friend now? A. She is fat. B. She is not healthy. C. She is very slim and healthy. D. She is very slim but not healthy.

2. What should we do if we want to go climbing? A. Wear a pair of comfortable sports shoes. B. Have a good rest before you climb a mountain. C. Have a partner. D. All of the above.

3. When was the first Mount Tai climbing festival held? A. In September 2009. B. In August 2008. C. In September 2008. D. In August 2009.

4. Why did the writer stay at home for three days? A. Because he felt very tired and want to have a good rest. B. Because he wanted to stay at home and watch TV. C. Because he wanted to climb Mount Tai once more. D. Because he felt very exciting.

5. The passage mainly tells us \_\_\_ is good for our health. A. swimming B. running C. climbing D. jumping

Every football fan will tell you that "football is more than just a game." I believe they are right, and this year's World Cup showed people why. Football brings us together, whoever we are, we can often turn enemies into friends. When people think of Africa, they think of its problems. But the World Cup in South Africa, the first to be held on this continent (大陆), showed the world another side of Africa. Football lovers saw a lot more than just their favorite players at South Africa's brand new stadiums: South African culture, love and hospitality (好客) will also be on show. Jacob Zuma, President of South Africa, knows how important the World Cup is for his country; "It will forever change the world's perception (看法) of South Africa -- it is in our hands to make this the best World Cup ever," he said. History tells us that football can also heal wounds and help world peace. In 1998, the United States played Iran in the World Cup in France. Despite (尽管) the great cultural differences between the two countries, they met in friendship on the football field. This year, the thirty-two countries in the World Cup all hope to do the same thing. Everyone enjoyed the festival of football and friendship in South Africa this summer. And if you had been to see one at the South Africa Pavilion at the World Expo, you would have had a unique experience while watching the games.

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媒体关注与评论

知识重在积累，每天坚持做完形填空与阅读理解的训练，日积月累，相信你的英语水平会在不知不觉中实现飞跃。

只要勤做练习，满分不是问题！

——清华大学 杨超 有时间可以阅读英文杂志或者观看英文电影，增加英语语感，然后进行针对性的阅读训练，这样应该能够达到事半功倍的效果。

——清华大学 杨宁 在我看来，要做好完形填空与阅读理解这两大高分值题，需要不断地加强训练，从而查漏补缺，找出自己薄弱的语法知识等。

只有这样，才能离满分的目标越来越近。

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——北京外国语大学 周颖



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名人推荐

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