

<<护士安全用药手册>>

图书基本信息

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前言

安全用药是护理安全的重要组成部分，要实现安全用药，不仅要求护理人员具有较全面的药学知识，而且从药物管理到药物治疗规范的每个环节都不容忽视。

近年来，各级卫生行政主管部门关于用药安全的管理要求不断更新，新药新制剂不断涌现，对护理人员应掌握的药理知识也提出了更高的要求。

为指导护士临床安全用药，南京护理学会组织临床一线护理专家和临床药学专家共同编写了这本《护士安全用药手册》。

本书包括安全用药一般知识、用药管理规范、药物治疗护理规范、药物不良反应的评估与护理、特殊病人的用药护理、常用药物基本知识及护理要点六个部分。

各章的主要特色如下：一、安全用药一般知识解释了药品的常用术语及释义，以及目前最新的《中国药典》关于药品标准的种类及概述，影响药物作用的因素、联合用药和药物的相互作用等方面的知识。

二、用药管理规范根据最新用药安全管理要求，重点阐述病区药品管理制度、药品保管原则、安全给药原则，并有可操作的药品配制管理和药品质量管理规范。

三、药物治疗护理规范介绍了各种常用给药方法的护理规范、过敏试验的护理规范及常用护理药理学计算，内容具体、操作性强。

针对近年更新较快而教课书中不全的局部给药护理及吸入给药法的护理有较好补充和更新。

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内容概要

《英文短语你用对了吗》按照字母表顺序将高频短语罗列在读者面前，为读者介绍这些结构上相近或相似的搭配在真实语义和使用方式上的差别，帮助读者看清楚这些词汇搭配背后所深藏的陷阱。此外，针对每组词汇辨析还设有练习题，意在让读者通过这类小测试检验自己对知识的掌握情况。

《英文短语你用对了吗》适用于希望提高英语水平的广大英语爱好者。

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a

unit one

a bit, a few, a little

a couple of, a pair of

a dozen of, dozens of

a lot of, lots of

a number of, the number of

abide by, abide with

unit two

accommodate to, accommodate with

according as, according to

act as, act for, act on

add to, addto

admit of, admit to

agree on, agree to, agree with

all day, all the day

allow for, allow of

angry at, angry with

answer for, answer to

.anxious about, anxious for

appeal for, appeal to

appoint as, appoint to

argue about, argue with

arrive at., arrive in

as if, as though

ashamed of, ashamed for

ask leave, take leave

unit five

at a birth, at birth, by birth

at a distance, from a distance

at all risk, at risk

at all times, at times

at best, at one's best

at heart, by heart

unit six

at no time, at the time

at one's back, on one's back

at peace, in peace

at sea, atthe sea

at the corner, in the corner

at the end of, by the end, in theend

unit seven

at the moment, at the same time

at the spot, on the spot

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at the top of, on the top of

at work, in work

attend on, attend to

b

unit ine

back down, back up

bargain for, bargain on

be absorbed by, be absorbed in

be alive to, be alive with

be apt at, be apt to.

be bound for, be bound to

unit two

be buried in, be buried under

be concerned about, be concerned with

be disappointed at, be disappointed with

be dying for, be dying to

be engaged in, be engaged to

be familiar to, be familiar with

unit three

be from, come from

be good for, be good at

be in love with, fall in love with

be known as, be known for

be mad about, be mad at

be made from, be made of

unit four

be made in, be made into

be married, get married

be proud of, be proud to

be seated, sit down.

be short of, be short on

be sick for, be sick of.

unit five

be tired from, be tired of

be used to do, be used to doing, used to do

bear on, bear up

before long, long before

belong in, belong to

better off, better than

unit six

bind together, bind up

blame for, blame on

block off, block up

blow out, blow up

book in, book up

both...and..., either... or...

neither...nor...

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unit seven

break down, break off, break up

break in, break into.

break one's word, eat one's word.

bring about, bring around

bring in, bring up.

burn down, burn up.

unit eight

burst in, burst into

busy in, busy with

by force, in force

by itself, in itself

by name, in name

by nature, in nature

unit nine

by sea, by the sea

by the eye, to the eye

by the way, in the way, on the way.

by turns, in turn.

c

unit one

call at, call on

call for, call in

care about, care for

catch a cold, have a cold

catch fire, on fire

catch on, catch out

unit two

catch up with, keep up with

change for, change into

check in, check into.

cheer on, cheer, up.

choke back I choke up

clean up, clear up.

unit three

clear away, clear out

come about, come across

come in, come into

come off, come out

compare to, compare with

connect to, connect with

unit four

consist in, consist of

contribute to, devote to

correspond to, correspond with

count down, count in

cover for, cover up

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crack down, crack up

unit five

cross off, cross over

cut back, cut down

d

unit one

day after day, day by day

deal in, deal with

depend on, depend upon

die from, die of

divide into, divide up

do one's best, try one's best

unit two

draw in, draw up

dream about, dream up

dress in, dress up

drop by, drop off, drop out

dwell in, dwell on

e

unit one

each other, one another

eat away, eat out

enter into, enter on

even as, even so

excuse for, excuse from

exist in, exist on

f

unit one

fall back, fall behind

fall off, fall out

far away from, keep away from.

feed on, feed up.

feel for, feel like.

figure in, figure out.

unit two

fill in, fill out

find out, look out.

fix on, fix up.

for a moment, in a moment

for fun, in fun.

for sale, on sale

unit three

for shame, with shame

for show, on show

forget doing, forget to do

from mouth to mouth, mouth to mouth

g

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unit one

gaze at, glare at, look at
get along with, get on with
get down, get down to
get in touch with, keep in touch with
get off, get out, get over
get ready for, get ready to

unit two

get through, go through
give a call, make a call
give away, give back
give in, give up.
give off, give out.
go about, go by.

unit three

go into, go off
go on, go out, go over
go sleeping, go to bed
go to the cinema, go to the movies.

h

unit one

hand down, hand out, hand over.
hand in, hand in hand.
hand on, on hand.
hang on, hang up.

have a joke with, play a joke on
have a word with, have words with

unit two

have on, have up
hear from, hear of
help sb. do, help sb. with
hold back, hold up
hold on, hold out
hurry off, hurry up

i

unit one

if only, only if
in a fashion, in fashion
in a hole, in the hole
in a word, in other words
in blue, in the blue
in business, on business

unit two

in case of, in the case of
in charge of, in the charge of
in commission, on commission
in contrast to, in contrast with

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in demand, on demand

in drink, in the drink.

unit three

in fire, under fire.

in front of, in the front of .

in future, in the future.

in hospital, in the hospital

in issue, in the issue.

in mass, in the mass

unit four

in office, in the office

in order, on order.

in place of, take place

in practice, in question

in principle, on principle

in private, in public.

unit five

in repair, under repair

in secret, in the secret

in store, in the store

in the air, on the air

in the road, on the road

in the south of, on the south of, to the south of

unit six

in the sun, under the sun

in the tree, on the tree.

in the view of, in view of

in the wall, on the wall.

in the water, on the water

in time, on time.

unit seven

in trust, trust in

increase by, increase to

j

unit one

join in, join on

jump at, jump down

just now, just then

k

unit one

keen about, keen on

keep at, keep up.

keep doing, keep on doing.

keep house, keep the house.

keep silence, keep silent

kind of, kinds of

unit two

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knock into, knock...into

known as, known for

l

unit one

lack for, lack of.

launch into, launch out

lay off, lay out.

lead out, lead to.

leave for, leave to.

let down, let in, let out

unit two

liable for, liable to

lie in, lie on.

live by, live on.

loaf about, loaf away

look after, look for, look forward

look through, see through

unit three

look up, look up to.

lose heart, lose one's heart

m

unit one

make sure, make sense

make trouble, take trouble

make up, make up one's mind

meddle in, meddle with

melt away; melt down

much too, too much.

n

unit one

no longer, no more

not a bit, not a little

o

unit one

off the point, to the point

off work, out of work

on board, on the board

on deck, on the deck

on duty, oft duty

on schedule, on the schedule

unit two

on watch, on the watch

once again, once more

out of breath, short of breath

out of question, out of the question.

p

unit one

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pass away, pass off

pass by, pass on, pass out

pay for, pay off

pick out, pick up

plan on, plan out

play at, play with

unit two

point at, point to

pull in, pull out

put aside, put away

put up, set up

put off, put on, put out

q

unit one

quarrel about, quarrel with

quite a few, quite an amount

r

unit one

react on, react to

remember doing, remember to do

responsible for, responsible to

result from, result in

right away, right now

ring a bell, ring the bell

unit two

run after, run away.

run into, run on, run out

rush hour, the peak hours

s

unit one

see about, see to

see off, see out

send out, send up

set off, set in

shout at, shout to

smile at, smile on

unit two

speak about, speak for

speak of, speak to

split into, split on.

stand by, stand to, stand out.

stay out, stay up.

stop doing, stop to do.

unit three

struggle against, struggle for.

succeed in, succeed to

superior in, superior to.

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t

unit one

take a chair, take the chair

take a chance, take the chance

take air, take the air

take down, write down

take ground, take the ground

take off, take over

unit two

talk about, talk to

taste for, taste in

tear down, tear off

tell of, tell off

terrified at, terrified of

thanks for, thanks to

unit three

think about, think of

throw off, throw out

tip off, tip over

try doing, try to do

try on, try out

turn down, turn off, turn on, turn up

u

unit one

unite in, unite with

up and down, ups and downs

v

unit one

vote down, vote out

w

unit one

wait for, wait on

wake up, wake...up

walk into, walk out

wash off, wash out

watch for, watch over

work off, work out

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章节摘录

版权页：（6）使用氧气驱动雾化时应做好“四防”，结束后应将氧流量调至原吸氧浓度，避免长期高流量吸氧。

【给药护理要点】护士掌握并教会病人使用雾化吸入的方法及配合要点，协助病人共同完成。

（1）向病人解释雾化吸入的目的、方法及配合要点等，以取得合作。

（2）协助病人取舒适卧位，以坐位、半卧位为宜。

（3）将喷嘴和雾化罐相连，连接管道，调节氧流量（常用8 L / min）或使用雾化机连接电源后打开电源开关。

（4）将口含嘴放入病人口中，嘱病人用嘴将口含嘴包紧，由口缓慢深吸气，用鼻轻轻呼气。

（5）雾化过程中注意管路的连接情况，观察药物疗效及副作用，对于年老体弱病人咳嗽时要辅助拍背，持续雾化时间15～20 min。

（6）雾化结束后协助病人认真漱口，避免口腔感染。

用氧气驱动者调节适宜的氧流量；用面罩式雾化吸入者，应将病人面部的雾气和残余药液洗净，避免药物对皮肤的刺激。

2.超声雾化【药物种类】乙酰半胱氨酸、溴己新、α—糜蛋白酶、高渗盐水及蒸馏水等。

【注意事项】（1）吸入给药，应在餐前或餐后1 h开始，以防恶心、呕吐症状发生。

并注意观察药物疗效及副作用。

（2）防止雾化吸入导致交叉感染：超声雾化管路专人专用，不使用时整个管道内不应有液体存留，以免细菌滋生；雾化罐用后必须用1：200含氯消毒液浸泡30 min，再用蒸馏水冲净后晾干备用；雾化液必须是无菌溶液。

（3）雾化器水槽底部的晶体换能器和雾化罐底部的超声膜薄而脆，易破碎，操作中应注意保护。

（4）雾化罐下的水槽内蒸馏水量根据雾化器不同而不同，要求浸没雾化罐底部半透膜，水温不宜超过60℃。

水温过高或水量过少时应关机换蒸馏水或加蒸馏水。

（5）连续使用雾化器中间需间隔30 min。

【给药护理要点】护士必须掌握操作流程，教会病人使用雾化吸入的方法及配合要点，协助病人共同完成。

（1）向病人解释雾化吸入的目的、方法及配合要点等，以取得合作。

（2）协助病人取舒适卧位，以坐位、半卧位为宜。

（3）将口含嘴放入病人口中，嘱病人用嘴将口含嘴包紧，由口缓慢深吸气，用鼻轻轻呼气。

（4）雾化过程中注意管路有无破损、漏气，一般药物用生理盐水稀释至30～50 ml后放入雾化罐内雾化15～20 min，若雾化罐内药液过少，影响正常雾化时，应增加药量，但不必关机，从雾化罐上小孔注入即可。

（5）雾化结束后嘱病人认真漱口，避免口腔感染。

用面罩式雾化吸入者，应将病人面部的雾气和残余药液洗净，避免药物对皮肤的刺激。

七、手术中给药的护理 1.手术中给药必须遵医嘱执行，给药前严格执行“三查七对”，术中密切观察，防止药液外渗，如有外渗应及时处置，以防组织坏死，给药后应及时准确将用药信息记录在手术护理记录单上。

2.术中使用局麻药时，应加强监护，病人如出现不适感、口内异常感、喘鸣、眩晕、便意、耳鸣、出汗等休克前驱症状，应立刻停药，并做好抢救准备。

局部注射麻醉时，应缓慢注射，并注意有无回血，以免误注入血管内而引起急性中毒反应；硬膜外用药时，开始注药前应回抽腰穿针，以免误入蛛网膜下隙而导致致命的高位或全脊髓麻醉。

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